

# LA ROSE SPA MENU

## LA ROSE SIGNATURE

### LA ROSE TOUCH

A combination of the best Thai techniques to release deep tension, encourage flexibility and enhance your natural radiance. Deep massage and stretching is complemented with oil massage, hand and foot wrap and is followed by the application of gold leaves on the hands to give oxygen to these delicate areas.

### LA ROSE FACE LIFTING BLISS

Take the path to a new looking with a sensory facial fitness treat. Pure regenerative plants activate cell renewal while skin is deeply cleansed and purified. Then, slowly melt into a luxurious relaxation when as a warm sesame poultice dipped in rosewood oil is gently glided onto your face to tone passive facial muscles and activate microcirculation. After a last quenching touch of Neroli, enjoy the blissful sensation of renewal and the precious feeling of eternal youth.

## HOLISTIC BODY TREATMENT

### TRADITIONAL KHMER MASSAGE

Khmer Traditional Massage is an ancient tradition passed down throughout centuries of sincere practice. Gentle pressure with the hand and a variety of passive stretching movement to relax muscle, improve blood circulation.

### LA ROSE RELAXING

Abandon your body to a state of deep relaxation. Lemongrass melts away tension while orange calms busy minds. Enjoy a moment of serenity; unwind and seize the day.

### REJUVENATING AROMA INDULGENCE

Experience the healing effects of Asian aromatherapy in a rejuvenating and revitalize massage that combines tropical smells with mangos teen essential oils. Your body will experience with enrich of high potency anti free radical.

### DE-STRESS MUSCLE

The style is based on the meridians. Using indigenous oils as lubricants, the skilled therapist uses the fingers, palms, elbow and hand heels to manipulate muscles and energy to improve blood circulation.

## URBAN VITALITY RECOVERY HERBAL TREATMENT

Relieve aching stress that has infiltrated your upper body over long office hours. While you relax on warm herbal cushions and poultice to comfort your spine, experience an age-old combination of Asian restorative muscle-kneads that unleash tensions and erase fatigue. Slowly, a tuning massage reconditions your back, shoulders, hands and neck while your vital energy invigorates your body again.

## TROPICAL ORGANIC SOOTHER MASSAGE

Following the Zen philosophy of returning to nature, amazing tropical wonders infuse this treatment with life, energy and beauty. A rich red jasmine rice scrub softens and invigorated your skin in preparation for a unique cocooning experience. Then drift into beach delights when sesame and warm coconut are gently glided onto your body to nourish, soothe and condition your skin. Exhilarating sweet scents permeate your mind and nurture your soul.

## BACK RELIEF TREATMENT

Special designed to relieve back pain. Therapists use their skills to deeply massage and concentrating on your back area where the stress build up follows by ginger and kaffir lame mask to sooth sore muscles and also including hands and legs.

## FOOT REFLEXOLOGY

This Chinese see the feet as a microcosm of the whole body. This means that by treating merely your feet, you can cure all manner of bodily ills and ailments. A foot massage uses pressure applied to reflex points in the feet to relieve stress and tension.

## LA ROSE NATIURAL BODY SLIM MASSAGE

Slimming Massage is the treatment for weight loose, improve muscle , lymphatic and blood circulation become stronger and have a good burn calories make the body stimulate the fat and toxin.

## A SELECTION OF EACH PART IS AVAILABLE:

Belly/Abdomen	60 min
Thighs & Legs	60 min
Upper Arms	60 min

## BODY EXFOLIATION

### GOLDEN DUST BODY CLENSING

Since ancient times, the Tanaka golden powder made from a special tree bark has been used by women to heal and beauty their skin complexion. Indulge yourself with this ultimate gentle exfoliation ritual that removes dead skin cells and refines the skin. Then, the treatment incorporates a rejuvenating massage to boost your metabolism to rejuvenate your spirit.

### PURIFYING SALT SCRUB

This exceptional skin softening body exfoliation combines mineral-rich Himalayan salts and a unique blend of China mandarin essential oils. Then, a refreshing and hydrating. Aloe - Vera body gel is applied onto your body leaving your skin with a baby soft touch.

### SEVEN FLOWERS ROYAL TREAT

From the Kingdom of Siam comes this royal beauty ritual traditionally bestowed upon Thai princess. Sacred flowers, including the lotus known for its healing power are rubbed onto skin from top to toe in a fragrant scrub. A regenerative massage completes the time-honored treatment, leaving you with a radiant aura, revitalized in body and mind.

### NATURAL TROPICAL FRESH FRUIT SCRUB

The natural fresh fruit and brown sugar scrubs are refreshing and they help to smooth and tone the skin. Fresh fruit mixed with sugar will exfoliated and cleanse the skin, leaving your skin soft and supple.

## **BODY MASK**

### **YOUTH ENHANCER**

Forget all your worries and savor the moment with a purifying exfoliation to prepare you whole self for a warm, silky fusion of green tea, white clay and aromatic oils. The wrap gently bathes your skin in active ingredients of green tea, rekindling your inner youth and fighting the buildup of free radicals. Meanwhile, enjoy a soothing head massage that brings you to your own piece of heaven.

### **TOXIN FIGHTER BODY WRAP**

Feel balance with detox body wrap. This treatment will stimulate the metabolism, warming the body under environment friendly silk tree paper and encouraging a gentle perspiration to further purify it. In the meantime, enjoy a calming head massage that brings you to your own pieces of heaven.

### **REGENERATING BODY WRAP**

The natural extracts of pineapple and tamarind contained in the wrap are acting in synergy to rebalance your skin moisture and restore your vital energies. Meanwhile, get pleasure from a relaxing head massage that brings you to your own piece of heaven.

### **CONTOURING BODY WRAP**

The natural extracts of clove bud stimulates blood vessels for better circulation and elimination to assist in the reduction of body volume and water retention and firms the skin and helps to sculpt new figure.

### **NATURAL SEASONAL FRUIT WRAP**

A selection of seasonal fruits mixed with honey, milk powder and some herb such as turmeric and plai. The combination provides the benefits of a natural anti-oxidant. The wrap is applied to your body to pamper and nourish your skin.

## AROMATHERAPY BATH

### SERENITY BATH

Select one of the four Ytsara baths which is enhanced by an amazing blend of tropical flowers and leaves and abandon your senses to the goodness of pure ingredients. The mix of blue anchan flowers, yellow lemongrass, green kaffir lime and pandan leaves, will slowly infuse your soak with exhilarating scents and colors. Let this experience clarify your mind, relax your body, leaving you whole soul in deep calm.

### LA ROSE RELAXING MILK BATH

This is a very hydrating and moisturizing milk form product. Be calmed by its relaxing aroma. Lavender - the queen of relaxing elements, Bergamot - renowned for balancing & calming, and Chamomile are perfectly blended to calm and sooth mind stress and pamper the tired body.

## FACIAL TREATMENTS

### TROPICAL PURE BOTANICAL FACIALS

Experience the healing touch of old Asian techniques combined with the benefits of effective botanical products. Customized to your personal skin care needs, these rejuvenating facials reveal your complete beauty from inside to outside. Select among:

- » Balancing Organic Facial: (recommended for normal to oily skin) with the exotic synergy of white orchid extract and Ylang Ylang essential oil allow purifying and decongesting oily skin.
- » Quenching Organic Facial: (recommended for normal to dry skin) with an intriguing blend of bamboo shoot and green extract to heal dull & congested complexion and hydrate thirsty skin.
- » Nurturing Organic Facial: (recommended for dehydrated and combination skins) with a rejuvenating blend of white orchid and sacred lotus extract to reduce dryness and improve circulation.
- » Regenerative Organic Facial: (recommended for sensitive and aging skins) with a stimulating blend of bamboo shoot and neroli, this facial allows lightening fines ines and wrinkles and assists cell renewal and oxygenation.

## HEAD & FACE TREAT FOR MEN

Enjoy a deep cleansing to remove impurities leaving your skin fresh, soft and supple. This advanced treatment incorporates a vital energy point massage through the application of a cranial herbal poultice over the back, neck shoulders and head, which ease away stress and tensions.

## BEAUTY TREATMENT

### HAND AND FOOT

Express manicure with polish

Express pedicure with polish

La Rose Beauty Manicure with polish (60mn)

La Rose Beauty Pedicure with polish (60mn)

### WAXING

Half legs

Full legs

Bikini

Full Bikini

Under arms

## LA ROSE PACKAGES

1. LA ROSE REFRESHING	For 1 or 2 person(s)
- Floral foot soak	
- A choice of 60 min body massage	
- A choice of facial treatment	
2. LA ROSE BOUQUET	For 1 or 2 person(s)
- Floral foot soak	
- A choice of body scrub	
- A choice of 60 min body massage	
- Milk bath	
3. TIME OF RELAXING	For 1 or 2 person(s)
- Floral foot soak	
- A choice of body scrub	
- A choice of 60 body wrap	
- A choice of 60 min body massage	
4. REJUVENATING	For 1 or 2 person(s)
- Floral foot soak	
- A choice of body scrub	
- A choice of 60 min body massage	
- A choice of facial treatment	
5. COUPLE DEAL	For 1 or 2 person(s)
- A choice of body scrub	
- A choice of body wrap	
- A choice of 60 min body massage	
- La Rose milk bath	
6. PAMPERING YOU	For 1 or 2 person(s)
- A choice of body scrub	
- A choice of body wrap	
- Foot massage or Back Relieve	
- A choice of facial treatment	